

Central Lakes Conference - 5/16/2006

Tech @ Apollo
Results

Girls 100 Meter Dash

CLC: 12.10 % 2001

Knopik, Miller, Hennen, Schmitz, Niehaus

Name	Yr	School	Seed	Finals	H#Points
14503 Dhein, Caitlin	10	St. Cloud Tech	12.26	12.38	410
28530 Fernholz, Brianna	10	Willmar	12.34	12.45	48
31545 Lauer, Kayla	11	Brainerd	12.95	12.74	46
44531 Murn, Clare	9	St. Cloud Tech	12.98	12.85	45
5551 Erickson, Rosey	7	Alexandria	13.20	12.95	34
68525 Roberts, Ally	12	Willmar	13.00	13.02	43
71577 Rosenthal, Kelly	9	Brainerd	13.35	13.09	32
86525 Plombon, Bri	11	Sartell-St Stephen	13.10	13.22	41
91521 Freiday, Maggie	11	Brainerd	13.45	13.27	3
102505 Pearce, Lindsay	12	Little Falls	13.03	13.28	4
117503 Bjork, Kirsten	9	Sauk Rapids-Rice	13.35	13.36	3
125602 Dalton, Sara	11	St. Cloud Apollo Eagles	13.20	13.52	3
133514 Drontle, Kendra	10	Rocori	13.47	13.55	3
146521 Waytashek, Lindsey	12	Sartell-St Stephen	13.48	13.55	2
158532 Switzer, Abby	10	Willmar	13.62	13.57	2
163555 Walz, Nikki	10	Rocori	13.71	13.66	2
174541 Wipper, Becky	11	St. Cloud Tech	13.38	13.67	3
18501 Anderson, Rebecca	10	Alexandria	14.22	13.69	1
193532 Notch, Allison	9	Rocori	13.84	13.72	2
206515 Riordan, Rose	9	Sartell-St Stephen	14.15	13.78	1
21548 Wood, Greta	9	Alexandria	13.94	13.82	2
227533 Piehl, Katie	9	Sauk Rapids-Rice	14.69	13.94	1
239531 Moore, Deveny	11	Fergus Falls	14.14	14.03	2
245501 Harris, Lauren	10	St. Cloud Apollo Eagles	14.32	14.47	1
257502 Bauer, Julia	11	Sauk Rapids-Rice	15.36	14.54	1
269523 Kolle, Maggie	11	Fergus Falls	14.14	14.74	2
279517 Johnson, Jami	11	Fergus Falls	14.84	14.85	1

Girls 200 Meter Dash

CLC: 25.40 % 1980

Terri Nelson, Alexandria

Name	Yr	School	Seed	Finals	H#Points
18530 Fernholz, Brianna	10	Willmar	26.32	26.05	410
2551 Erickson, Rosey	7	Alexandria	27.07	26.62	48
31545 Lauer, Kayla	11	Brainerd	26.21	26.82	46
48531 King, Greta	10	Willmar	27.36	27.23	45
58525 Roberts, Ally	12	Willmar	27.40	27.33	44
61504 Borgstrom, Tina	9	Brainerd	27.34	27.54	43
76532 Nathe, Kassandra	10	Sartell-St Stephen	27.56	27.56	32
84507 Eggebrecht, Amanda	12	St. Cloud Tech	26.78	27.64	41
94503 Dhein, Caitlin	10	St. Cloud Tech	27.26	27.67	4
102505 Pearce, Lindsay	12	Little Falls	27.33	27.70	4
111577 Rosenthal, Kelly	9	Brainerd	27.92	27.96	3
124500 Bailey, Katelyn	10	St. Cloud Tech	27.69	28.11	3
137503 Bjork, Kirsten	9	Sauk Rapids-Rice	29.08	28.14	2
14529 Nowacki, Amie	10	Alexandria	28.74	28.38	3
153514 Drontle, Kendra	10	Rocori	28.37	28.61	3
16521 Head, Gloria	9	Alexandria	28.54	28.63	3
173555 Walz, Nikki	10	Rocori	28.42	29.16	3

(Girls 200 Meter Dash)

Name	Yr	School	Seed	Finals	H#Points
187531 Paulson, Suwanna	9	Sauk Rapids-Rice	29.74	29.25	2
183532 Notch, Allison	9	Rocori	28.70	29.25	3
206549 Kroska, Amber	8	Sartell-St Stephen	28.20	29.28	3
215531 Duns Moor, Hailey	8	St. Cloud Apollo Eagles	28.90	29.53	2
229525 Kowitz, Abby	10	Fergus Falls	30.04	30.07	2
239509 Enderle, Chelsey	9	Fergus Falls	29.94	30.19	1
242503 Januschka, Jocelyn	12	Little Falls	29.10	30.23	2
255908 Schwinghammer, Ali	9	St. Cloud Apollo Eagles	31.99	31.39	1
266506 Janson, Leah	9	Sartell-St Stephen	32.20	31.44	1
277538 Thompson, Katrina	11	Sauk Rapids-Rice	32.24	31.73	1
---5905 Schmitt, Sarah	9	St. Cloud Apollo Eagles	29.50	NT	2

---9553 Anderson, Hannah 10 Fergus Falls 29.34 NT 2

Girls 400 Meter Dash

CLC: 57.00 % 1982

Carol Peterka, St. Cloud Apollo

Name	Yr	School	Seed	Finals	H#Points
18530 Fernholz, Brianna	10	Willmar	59.62	59.93	310
24533 Post, Alise	9	St. Cloud Tech	1:01.62	1:01.46	38
36534 Schellinger, Sarah	10	Sartell-St Stephen	1:00.97	1:01.82	36
41551 McAllister, Hannah	9	Brainerd	1:00.13	1:02.15	35
59552 Zenner, Kylie	9	Fergus Falls	1:01.14	1:02.46	34
67520 Kuehn, Brittany	11	Sauk Rapids-Rice	1:02.25	1:03.01	33
72516 Vanheel, Melanie	11	Little Falls	1:01.25	1:03.03	32
88528 Okins, Hannah	11	Willmar	1:03.45	1:03.60	21
98500 Guetter, Dana	12	Willmar	1:03.40	1:04.17	2
105530 Novacinsky, Moriah	8	St. Cloud Apollo Eagles	1:05.00	1:04.80	2
114528 McKee, Amanda	10	St. Cloud Tech	1:01.95	1:05.29	3
121557 Mueller, Katherine	10	Brainerd	1:04.98	1:05.85	2
137501 Anderst, Danielle	12	Sauk Rapids-Rice	1:04.10	1:06.00	2
141513 Doyscher, Chelsea	10	Brainerd	1:05.31	1:06.35	2
15Stout, Kaytlyn		St. Cloud Tech		1:06.59	3
167535 Rogers, Kelsey	12	Sauk Rapids-Rice	1:10.70	1:07.55	1
17524 Larson, Carrie	12	Alexandria	1:07.14	1:07.60	2
189538 Rengel, Becca	10	Fergus Falls	1:07.04	1:08.24	2
199530 Lyngby, Sarah	9	Fergus Falls	1:12.91	1:09.94	1
20540 Tigges, Stacey	10	Alexandria	1:10.09	1:10.67	1

Girls 800 Meter Run

CLC: 2:14.43 % 2003

Andrea Wahlin, Rocori

Name	Yr	School	Seed	Finals	Points
1513 Ellison, Katelyn	10	Alexandria	2:26.54	2:23.15	10
29548 VanWechel, Anna	11	Fergus Falls	2:24.45	2:24.29	8
36514 Kellerman, Hannah	8	Sartell-St Stephen	2:25.14	2:24.56	6
43512 Schentler, Caitlyn	11	Rocori	2:28.52	2:25.85	5
59520 Kitzman, Susie	7	Fergus Falls	2:27.56	2:29.09	4
64523 Karl, Abby	11	St. Cloud Tech	2:31.44	2:29.25	3
75529 Lynch, Courtney	8	St. Cloud Apollo Eagles	2:31.80	2:30.51	2
88506 Hund, Sarah	9	Willmar	2:27.00	2:30.61	1
96511 Johannes, Mallory	10	Sartell-St Stephen	2:33.70	2:30.75	
101569 Posterick, Katy	12	Brainerd	2:26.13	2:35.26	

(Girls 800 Meter Run)

Name	Yr	School	Seed	Finals	Points
111503 Bahr, Kacie	10	Brainerd	2:25.34	2:36.72	
127511 DeGrote, Jodi	12	Sauk Rapids-Rice	2:38.34	2:38.53	
13537 Smith, Valerie	9	Alexandria	2:36.70	2:39.26	
14502 Backhaus, Bria	10	Alexandria	2:38.94	2:40.10	
155525 Kettler, Abby	10	St. Cloud Apollo Eagles	2:43.00	2:41.60	
168537 Engelmann, Vanessa	10	Willmar	2:51.00	2:41.74	
172521 Deterding, Kathryn	10	Little Falls	2:38.00	2:42.75	
182531 Binger, Molly	9	Little Falls	2:42.30	2:43.19	
198502 Molacek, Tara	12	Willmar	2:39.00	2:43.62	
204504 Doane, Liz	12	St. Cloud Tech	2:39.97	2:44.39	
216512 Murray, Alex	10	Sartell-St Stephen	2:48.00	2:46.06	
221584 Stadem, Hanna	12	Brainerd	2:34.72	2:48.26	
235506 Linder, Christina	12	St. Cloud Apollo Eagles	2:51.00	2:54.07	
247550 Timm, Micole	7	Sauk Rapids-Rice	2:39.45	3:02.32	
259545 Stowman, Karena	9	Fergus Falls	3:09.00	3:07.37	
267536 Schueller, Traci	12	Sauk Rapids-Rice	3:29.74	3:24.86	
---4517 Heins, Sarah	10	St. Cloud Tech	2:42.29	NT	

Girls 1600 Meter Run

CLC: 5:03.20 % 1989

Snuffy Alto, Alexandria

Name	Yr	School	Seed	Finals	Points
11538 Holmes, Megan	7	Brainerd	5:18.06	5:25.17	10
26550 Peterson, Heidi	8	Sartell-St Stephen	5:27.61	5:28.72	8
32504 Meyer, Megan	12	Little Falls	5:27.80	5:37.01	6
41580 Schmidt, Carissa	12	Brainerd	5:39.50	5:39.53	5
59536 Rader, Andrea	11	Fergus Falls	5:42.79	5:41.79	4
63525 Dingmann, Caitlyn	9	Rocori	5:38.06	5:45.11	3
72541 Meyer, Kayla	9	Little Falls	5:46.70	5:47.15	2
89537 Rengel, Anna	12	Fergus Falls	5:58.59	5:47.55	1
97532 Peterson, Kelsay	10	Sauk Rapids-Rice	5:48.97	5:51.01	
108509 Johnson, Jackie	8	Willmar	5:55.00	5:51.94	

11543 Tvrdik, Shea
 129528 LaPort, Kayla
 134536 Schuh, Ally
 14550 Ziegler, Rachel
 158507 Torgerson, Laura
 168504 Bach, Ashley
 172531 Binger, Molly
 18528 Nelson, Erika
 191584 Stadem, Hanna
 204539 Sundell, Ashley
 214508 Engdahl, Leslie
 226500 Cruze, Hannah

Girls 3200 Meter Run

CLC: 11:11.90 % 1983

Name
 1 1524 Gessell, Anna
 2 1511 Dean, Jenna
 3 1580 Schmidt, Carissa

(Girls 3200 Meter Run)

Name
 48501 Nelson, Rachel
 59543 Shea, Callie
 62522 Kempenich, Melissa
 7542 Tvrdik, Kendall
 82537 Hauer, Beth
 99519 Kitzman, Kelly
 108508 Cole, Janie
 11511 Dewitt, Tara
 124525 Klaverkamp, Amanda
 138511 Erickson, Danielle
 142540 Maleski, Nichol
 15514 Ellison, Taylor
 167519 King, Cassie
 179539 Rix, Jessie
 186507 Koprek, Hannah
 193522 Skluzacek, Tracy
 204520 Johnston, Alli
 216531 Gustafson, Elisa
 ---6509 Vold, Liz

Girls 100 Meter Hurdles

CLC: 14.10 % 1983

Name
 17512 Deters, Kayla
 2 1568 Petersen, Mary
 32543 Thilen, Jackie
 44526 Klein, Chelsey
 55602 Dalton, Sara
 66524 Perske, Jenna
 7 1552 McAllister, Meghan
 89511 Erickson, Sarah
 99525 Kowitz, Abby
 104541 Wipper, Becky
 11 1502 Baden, Laura
 123524 Feldhege, Angie
 136520 Williams, Kristen
 147506 Burklund, Kayla
 154514 Gray, Megan
 169501 Aho, Allie
 175905 Schmitt, Sarah
 182501 Atkinson, Danielle
 197523 Lindmeier, Katie
 206510 Perske, Greta
 218527 Knutson, Kjerstin
 225729 Buttlemann, Amy
 238505 Christianson, Lesley
 24552 Trebelhorn, Annie
 253513 Dockendorf, Kelsey
 26529 Nowacki, Amie
 278534 Evans, Kelsie

11 Alexandria 5:51.05 5:53.73
 12 Fergus Falls 5:43.88 5:54.31
 10 St. Cloud Tech 5:54.43 5:58.46
 9 Alexandria 6:01.30 6:00.16
 9 Willmar 5:52.00 6:00.50
 9 Willmar 5:45.00 6:00.61
 9 Little Falls 6:06.60 6:00.67
 10 Alexandria 6:08.54 6:00.91
 12 Brainerd 5:44.21 6:06.82
 10 St. Cloud Tech 6:14.80 6:38.92
 12 St. Cloud Tech 6:26.41 7:03.85
 9 Sartell-St Stephen 7:16.00 7:16.25

Sheila Pexsa, Alexandria

Yr	School	Seed	Finals	Points
7	Brainerd	12:01.05	12:09.69	10
9	Brainerd	11:37.11	12:10.11	8
12	Brainerd	12:24.63	12:11.20	6

Yr	School	Seed	Finals	Points
12	Willmar	12:30.00	12:24.89	5
9	Fergus Falls	12:14.96	12:39.52	4
10	Little Falls	13:00.50	12:40.97	3
10	Alexandria	12:43.48	12:41.03	2
9	Little Falls	13:02.40	12:45.51	1
10	Fergus Falls	12:51.06	12:46.84	
8	Willmar	12:20.00	12:48.18	
12	Alexandria	13:08.58	13:02.54	
9	St. Cloud Tech	12:26.20	13:03.70	
8	Willmar	12:56.00	13:05.64	
9	Little Falls	13:16.00	13:09.18	
10	Alexandria	13:02.59	13:09.62	
10	Sauk Rapids-Rice	13:42.72	13:56.85	
10	Fergus Falls	13:50.71	13:59.67	
12	Sartell-St Stephen	14:35.00	14:03.93	
9	Rocori	14:12.20	14:39.28	
11	St. Cloud Tech	14:41.05	15:13.59	
10	Sartell-St Stephen	16:02.00	16:16.97	
11	Sartell-St Stephen	13:00.00	NT	

Nina Borgworth, Brainerd

Yr	School	Seed	Finals	H#Points
11	Sauk Rapids-Rice	15.98	15.75	310
10	Brainerd	16.05	15.95	38
9	Little Falls	15.08	15.96	36
12	St. Cloud Tech	15.79	15.98	35
11	St. Cloud Apollo Eagles	16.10	16.24	34
11	Sartell-St Stephen	16.46	16.48	33
11	Brainerd	16.20	16.64	32
10	Fergus Falls	17.44	17.28	21
10	Fergus Falls	17.14	17.29	2
11	St. Cloud Tech	17.01	17.30	2
11	Brainerd	16.81	17.44	3
9	Rocori	16.83	17.50	3
9	Sartell-St Stephen	18.08	17.66	2
9	Sauk Rapids-Rice	17.45	17.71	2
9	St. Cloud Tech	17.54	18.05	2
9	Fergus Falls	18.94	18.13	1
9	St. Cloud Apollo Eagles	18.79	18.27	1
12	Little Falls	17.08	18.56	2
12	Sauk Rapids-Rice	18.75	18.57	1
9	Sartell-St Stephen	18.40	18.65	1
11	Willmar	18.24	18.76	2
12	St. Cloud Apollo Eagles	17.74	19.04	2
9	Willmar	19.80	19.12	1
8	Alexandria	19.89	20.10	1
10	Rocori	20.62	20.58	1
10	Alexandria	20.00	21.23	1
9	Willmar	22.00	21.52	1

Girls 300 Meter Hurdles

CLC: 44.90 % 1988

Name
12543 Thilen, Jackie
24526 Klein, Chelsey
33509 Malikowski, Courtney
41568 Petersen, Mary
56524 Perske, Jenna
69508 Draxten, Hannah
74514 Gray, Megan
82511 Atkinson, Kayla
91573 Ring, Kelsi
10552 Trebelhorn, Annie
117512 Deters, Kayla
121552 McAllister, Meghan
136503 Bryant, Maggie
143524 Feldhege, Angie
158503 Hanson, Brin
167506 Burklund, Kayla
178527 Knutson, Kjerstin
186533 Primley, Krista
192501 Atkinson, Danielle
207523 Lindmeier, Katie
214511 Gertken, Johnna
229501 Aho, Allie
233513 Dockendorf, Kelsey
24547 Wilson, Emma
255904 Rogosheske, Annie
269551 Vogt, Ramsey
275729 Buttlemann, Amy
28Pakola, Katie
295705 Schmitt, Kim

Girls 4x100 Meter Relay

CLC: 50.09 % 2001

Team
1 St. Cloud Tech
2 Sartell-St Stephen
3 Willmar
4 Little Falls
5 Brainerd
6 Sauk Rapids-Rice
7 Rocori
8 Fergus Falls
9 St. Cloud Apollo Eagles
--- Alexandria

Girls 4x200 Meter Relay

CLC: 1:47.06 % 2003

Team
1 Brainerd
2 St. Cloud Tech
3 Willmar
4 Rocori
5 Alexandria
6 Little Falls
7 Sauk Rapids-Rice
8 Fergus Falls
9 St. Cloud Apollo Eagles
10 Sartell-St Stephen

Girls 4x400 Meter Relay

CLC: 4:00.76 % 2003

Team
1 Willmar
2 St. Cloud Tech
3 Brainerd
4 Sartell-St Stephen
5 Little Falls

Trend Fields, Brainerd

Yr	School	Seed	Finals	H#Points
9	Little Falls	48.00	47.81	410
12	St. Cloud Tech	48.41	49.17	48
11	Rocori	49.60	49.49	46
10	Brainerd	49.64	49.75	45
11	Sartell-St Stephen	49.26	50.13	44
10	Fergus Falls	49.94	50.63	43
9	St. Cloud Tech	49.52	51.02	42
11	Little Falls	51.60	51.95	31
8	Brainerd	52.02	52.26	2
8	Alexandria	52.17	52.31	2
11	Sauk Rapids-Rice	50.10	52.38	3
11	Brainerd	50.32	52.41	3
10	Sartell-St Stephen	51.30	53.21	3
9	Rocori	50.30	53.40	3
11	Willmar	51.75	53.42	3
9	Sauk Rapids-Rice	52.57	53.51	2
11	Willmar	52.71	53.93	2
10	Sartell-St Stephen	53.40	53.94	2
12	Little Falls	53.10	54.10	2
12	Sauk Rapids-Rice	54.55	54.57	1
10	St. Cloud Tech	52.99	54.65	2
9	Fergus Falls	55.34	54.76	1
10	Rocori	1:02.30	55.42	1
10	Alexandria	56.07	55.82	1
9	St. Cloud Apollo Eagles	52.90	56.29	2
9	Fergus Falls	53.54	56.46	2
12	St. Cloud Apollo Eagles	56.25	57.06	1
	Willmar		57.30	1
12	St. Cloud Apollo Eagles	55.40	1:01.03	1

Alexandria

A. Anderson, S. Willert, S. Senden, E. Baustian

Relay	Seed	Finals	H#Points
	50.82	51.04	210
	52.20	52.61	28
	52.80	52.94	26
	53.25	53.24	25
	53.38	53.43	24
	53.82	53.80	13
	54.30	54.35	12
	55.74	56.19	11
	56.40	56.93	1
	55.58	DQ	1

Rocori

K. Meers, E. Jungles, A. Wahlin, S. Decker

Relay	Seed	Finals	H#Points
	1:48.91	1:49.81	210
	1:48.06	1:50.31	28
	1:50.11	1:50.58	26
	1:50.80	1:52.27	25
	1:55.39	1:55.96	14
	1:54.00	1:56.87	13
	1:56.07	1:57.12	12
	1:56.91	1:58.46	11
	1:57.00	1:58.55	1
	1:52.60	2:00.68	2

Rocori

E. Jungles, S. Decker, KNies, A. Wahlin

Relay	Seed	Finals	H#Points
	4:09.50	4:12.27	210
	4:07.89	4:12.70	28
	4:11.12	4:16.08	26
	4:18.90	4:16.83	25
	4:19.20	4:18.25	24

6Rocori	4:21.80	4:20.92	13
7Fergus Falls	4:28.67	4:22.90	12
8St. Cloud Apollo Eagles	4:30.10	4:27.31	11
9Sauk Rapids-Rice	4:23.34	4:28.72	1
10Alexandria	4:23.78	4:38.15	1

Girls 4x800 Meter Relay

CLC: 9:39.66 % 5/18/2004

Brainerd

A. Schmolke, K. Posterick, A. Goodew, C. Roberts

Team	Relay	Seed	Finals	Points
1 Brainerd		9:42.31	9:52.87	10
2 Fergus Falls		9:41.08	9:54.07	8
3 Willmar		9:55.00	9:54.46	6
4 Rocori		10:00.50	10:12.72	5
5 Alexandria		10:31.89	10:16.74	4
6 Little Falls		10:03.30	10:17.24	3
7 Sauk Rapids-Rice		10:17.49	10:33.84	2
8 Sartell-St Stephen		10:12.00	10:43.34	1
9 St. Cloud Tech		10:27.64	11:06.74	

Girls High Jump

CLC: 5-07 % 1982

Carol Peterka, St. Cloud Apollo

Name	Yr	School	Seed	Finals	Points
12536 Harms, Katherine	9	Little Falls	5-03.00	5-00.00	10
23524 Feldhege, Angie	9	Rocori	5-00.00	4-10.00	5.20
28530 Fernholz, Brianna	10	Willmar	5-04.00	4-10.00	5.20
21592 Wentworth, Melissa	11	Brainerd	4-10.00	4-10.00	5.20
24500 Bailey, Katelyn	10	St. Cloud Tech	4-10.00	4-10.00	5.20

(Girls High Jump)

Name	Yr	School	Seed	Finals	Points
24511 Gertken, Johnna	10	St. Cloud Tech	5-02.00	4-10.00	5.20
76519 Frericks, Laura	12	Sartell-St Stephen	4-10.00	J4-10.00	2
88536 Morton, Shelby	9	Willmar	4-10.00	J4-10.00	1
98526 Sussenguth, Mary	12	Willmar	4-10.00	J4-10.00	
91552 McAllister, Meghan	11	Brainerd	5-00.00	J4-10.00	
99532 Olsen, Rachel	12	Fergus Falls	5-00.00	J4-10.00	
96511 Johannes, Mallory	10	Sartell-St Stephen	4-10.00	J4-10.00	
10552 Trebelhorn, Annie	8	Alexandria	4-08.00	J4-10.00	
10525 Lesnau, Sara	12	Alexandria	4-10.00	J4-10.00	
157512 Deters, Kayla	11	Sauk Rapids-Rice	4-10.00	4-08.00	
159541 Sellner, Stacy	12	Fergus Falls	4-10.00	4-08.00	
157501 Anderst, Danielle	12	Sauk Rapids-Rice	4-08.00	4-08.00	
181560 Olson, Emily	9	Brainerd	4-06.00	4-06.00	
184514 Gray, Megan	9	St. Cloud Tech	4-10.00	4-06.00	
---7523 Lindmeier, Katie	12	Sauk Rapids-Rice	4-04.00	NH	
---2514 Prosapio, Luci	11	Little Falls	4-08.00	NH	
---546 Walters, Erin	12	Alexandria	4-04.00	NH	
---9549 Verhelst, Nicole	12	Fergus Falls	4-08.00	NH	
---6517 Ahmann, Katie	12	Sartell-St Stephen	4-08.00	NH	

Girls Pole Vault

CLC: 13-00.50 % 2000

Stacie Manuel, Willmar

Name	Yr	School	Seed	Finals	Points
17512 Deters, Kayla	11	Sauk Rapids-Rice	10-06.00	10-06.00	10
24541 Wipper, Becky	11	St. Cloud Tech	10-02.00	10-00.00	7
21512 Deyo, Lauren	12	Brainerd	9-06.00	10-00.00	7
44533 Post, Alise	9	St. Cloud Tech	9-06.00	J10-00.00	5
51527 Gross, Ashley	11	Brainerd	8-07.00	8-06.00	4
67505 Brewster, Rachel	12	Sauk Rapids-Rice	9-02.00	J8-06.00	3
74506 Duininck, Megan	10	St. Cloud Tech	8-06.00	8-00.00	2
87535 Rogers, Kelsey	12	Sauk Rapids-Rice	7-02.00	J8-00.00	1
9549 Zastrgow, Crystal	10	Alexandria	6-06.00	7-06.00	
108524 Swanson, Gayle	10	Willmar	7-06.00	J7-06.00	
118513 Pollock, Beth	9	Willmar	6-00.00	6-06.00	
118523 Cooreman, Caitlin	12	Willmar	8-00.00	6-06.00	
116515 Riordan, Rose	9	Sartell-St Stephen	7-00.00	6-06.00	
111550 Larson, Jodi	10	Brainerd	7-00.00	6-06.00	
116548 Schleppenback, Dayna	9	Sartell-St Stephen	8-00.00	6-06.00	
115801 LaFontaine, Bo	7	St. Cloud Apollo Eagles	7-02.00	6-06.00	
---6521 Waytashek, Lindsey	12	Sartell-St Stephen	8-00.00	NH	
---2501 Atkinson, Danielle	12	Little Falls	7-06.00	NH	

Girls Long Jump

CLC: 17-11 % 1981

Ramona Rugloski, Brainerd

Name	Yr	School	Seed	Prelims
Preliminaries				
12536 Harms, Katherine	9	Little Falls	16-04.75	16-07.75 q
26525 Plombon, Bri	11	Sartell-St Stephen	17-01.00	16-03.00 q
37539 Timm, Katie	11	Sauk Rapids-Rice	16-00.00	16-01.50 q
46532 Nathe, Cassandra	10	Sartell-St Stephen	16-09.50	15-10.50 q

Preliminaries ... (Girls Long Jump)

Name	Yr	School	Seed	Prelims
51512 Deyo, Lauren	12	Brainerd	15-10.00	15-10.00 q
64509 Fark, Jesse	12	St. Cloud Tech	16-01.50	15-08.00 q
71521 Freiday, Maggie	11	Brainerd	15-11.00	15-07.00 q
84531 Murn, Clare	9	St. Cloud Tech	15-11.50	15-05.25 q
94527 Koyama, Reiko	11	St. Cloud Tech	14-07.50	15-01.25 q
102503 Januschka, Jocelyn	12	Little Falls	14-05.00	14-10.50
11525 Lesnau, Sara	12	Alexandria	15-06.00	14-10.00
128531 King, Greta	10	Willmar	16-11.00	14-06.50
139526 Kowitz, Mary Beth	12	Fergus Falls	15-05.00	14-05.50
145905 Schmitt, Sarah	9	St. Cloud Apollo Eagles	15-04.00	14-03.50
157503 Bjork, Kirsten	9	Sauk Rapids-Rice	15-00.50	14-03.25
168532 Switzer, Abby	10	Willmar	14-06.00	14-03.00
176513 Mantey, Desi	9	Sartell-St Stephen	15-01.00	14-01.75
181581 Smith, Sam	9	Brainerd	15-06.00	14-00.75
198524 Swanson, Gayle	10	Willmar	14-02.50	13-09.75
205501 Harris, Lauren	10	St. Cloud Apollo Eagles	13-11.00	13-07.75
21501 Anderson, Rebecca	10	Alexandria	13-09.00	13-07.50
223504 Braun, Brianna	12	Rocori	14-03.50	13-05.75
237508 Crawford, Amanda	9	Sauk Rapids-Rice	13-11.50	13-05.25
242514 Prosapio, Luci	11	Little Falls	13-09.50	13-03.75
259538 Rengel, Becca	10	Fergus Falls	14-04.50	12-10.75
26548 Wood, Greta	9	Alexandria	13-09.50	12-07.00
275531 Dunsmoor, Hailey	8	St. Cloud Apollo Eagles		12-00.25

Girls Long Jump

CLC: 17-11 % 1981

Ramona Rugloski, Brainerd

Name	Yr	School	Prelims	Finals	Points
Finals					
16525 Plombon, Bri	11	Sartell-St Stephen	16-03.00	16-09.75	10
26532 Nathe, Cassandra	10	Sartell-St Stephen	15-10.50	16-03.50	8
34531 Murn, Clare	9	St. Cloud Tech	15-05.25	16-02.50	6
41521 Freiday, Maggie	11	Brainerd	15-07.00	16-00.50	5
54509 Fark, Jesse	12	St. Cloud Tech	15-08.00	15-11.75	4
62536 Harms, Katherine	9	Little Falls	16-07.75	15-10.00	3
77539 Timm, Katie	11	Sauk Rapids-Rice	16-01.50	15-06.00	2
81512 Deyo, Lauren	12	Brainerd	15-10.00	15-01.25	1
94527 Koyama, Reiko	11	St. Cloud Tech	15-01.25	14-09.50	

Girls Triple Jump

CLC: 35-11.50 % 1997

Anne Habbena, Wilmar

Name	Yr	School	Seed	Prelims
Preliminaries				
17539 Timm, Katie	11	Sauk Rapids-Rice	35-03.25	35-00.00 q
24533 Post, Alise	9	St. Cloud Tech	35-09.75	34-06.50 q
34531 Murn, Clare	9	St. Cloud Tech	34-07.00	33-05.50 q
46518 Ebnet, Gina	12	Sartell-St Stephen	32-07.00	32-09.50 q
51581 Smith, Sam	9	Brainerd	32-11.00	32-05.00 q
61573 Ring, Kelsi	8	Brainerd	32-03.00	32-00.25 q
78533 Eckhart, Tianna	9	Willmar	32-06.00	31-11.50 q
84526 Klein, Chelsey	12	St. Cloud Tech	32-01.00	31-09.75 q

Preliminaries ... (Girls Triple Jump)

Name	Yr	School	Seed	Prelims
92516 Vanheel, Melanie	11	Little Falls	32-04.75	31-08.50 q
108503 Hanson, Brin	11	Willmar	32-04.00	31-08.00
112511 Atkinson, Kayla	11	Little Falls	31-03.75	31-07.50
121572 Rangen, Aani	12	Brainerd	32-06.00	31-06.50
138527 Knutson, Kjerstin	11	Willmar	32-02.00	31-03.50
149529 Lewis, Amanda	10	Fergus Falls	32-04.00	31-02.00
157550 Timm, Nicole	7	Sauk Rapids-Rice	31-11.00	30-11.50
169526 Kowitz, Mary Beth	12	Fergus Falls	28-06.00	30-08.50
17546 Walters, Erin	12	Alexandria	29-10.25	30-03.00
186552 Jacobs, Melissa	8	Sartell-St Stephen	31-01.00	29-08.00

196533 Primley, Krista	10	Sartell-St Stephen	30-02.00	29-04.25
205904 Rogosheske, Annie	9	St. Cloud Apollo Eagles	28-06.00	28-07.75
217518 Kaus, Katie	12	Sauk Rapids-Rice	27-07.00	28-06.00
229540 Schlepp, Emily	11	Fergus Falls	28-09.00	28-05.50
233504 Braun, Brianna	12	Rocori	30-03.25	28-04.00
24547 Wilson, Emma	10	Alexandria	27-10.00	27-08.00

Girls Triple Jump

CLC: 35-11.50 % 1997

Name	Yr	School	Prelims	Finals	Points
Finals					
12516 Vanheel, Melanie	11	Little Falls	31-08.50	35-04.00	10
24533 Post, Alise	9	St. Cloud Tech	34-06.50	35-02.00	8
37539 Timm, Katie	11	Sauk Rapids-Rice	35-00.00	35-00.00	6
44531 Murn, Clare	9	St. Cloud Tech	33-05.50	33-05.50	5
51573 Ring, Kelsi	8	Brainerd	32-00.25	33-03.50	4
66518 Ebnet, Gina	12	Sartell-St Stephen	32-09.50	33-01.50	3
71581 Smith, Sam	9	Brainerd	32-05.00	32-05.00	2
88533 Eckhart, Tianna	9	Willmar	31-11.50	31-11.50	1
94526 Klein, Chelsey	12	St. Cloud Tech	31-09.75	31-09.75	

Girls Shot Put

CLC: 42-00.50 % 1981

Name	Yr	School	Seed	Prelims
Preliminaries				
16539 Forsman-Earl, Dani	12	Sartell-St Stephen	37-05.00	36-10.00 q
23506 Tippelt, Shelly	12	Rocori	36-09.00	34-11.50 q
31593 Wernberg, Robyn	11	Brainerd	35-05.00	34-06.50 q
44542 Heysse, Joy	12	St. Cloud Tech	36-05.50	34-01.50 q
52504 Meyer, Megan	12	Little Falls	35-11.75	33-08.50 q
64510 Fischbach, Amy	11	St. Cloud Tech	34-11.00	32-09.50 q
72512 Dobmeir, Brittany	11	Little Falls	35-01.50	32-09.00 q
8517 Fischer, Melissa	12	Alexandria	33-08.00	32-04.50 q
99503 Brause, Kristin	12	Fergus Falls	35-04.00	31-08.50 q
101595 Niemi, Alicia	11	Brainerd	30-10.00	31-06.00
117530 Ostendorf, Tasha	9	Sauk Rapids-Rice	31-00.25	30-07.50
125504 Holub, Jamie	10	St. Cloud Apollo Eagles	33-08.00	30-05.00
13505 Beals, Amanda	10	Alexandria	32-08.50	30-04.50
14515 Erickson, Brooke	11	Alexandria	30-06.50	30-02.00
158518 Bredeson, Lisa	10	Willmar	30-04.00	29-11.00

Preliminaries ... (Girls Shot Put)

Name	Yr	School	Seed	Prelims
153508 Griffin, Caitlyn	11	Rocori	31-00.00	29-11.00
178535 Hutton, Ashley	10	Willmar	29-06.00	29-09.50
188515 Nielson, Lisa	11	Willmar	28-08.00	29-09.00
196540 Zastrow, Samantha	10	Sartell-St Stephen	30-00.00	29-02.50
194515 Gully, Brittany	11	St. Cloud Tech	30-01.00	29-02.50
211542 Karlgaard, Maari	12	Brainerd	29-11.00	29-00.50
229531 Moore, Deveny	11	Fergus Falls	28-09.00	28-06.50
236545 Sauerer, Kelsey	10	Sartell-St Stephen	30-06.50	27-10.50
247544 Wotzka, Sarah	11	Sauk Rapids-Rice	27-09.00	27-05.50
249505 Cole, Becky	11	Fergus Falls	29-05.00	27-05.50
267541 Weis, Kaitlin	11	Sauk Rapids-Rice	26-03.00	25-05.00
273575 Krueger, Tamara	10	Rocori	25-00.00	25-04.00
285903 Nieland, Brooke	9	St. Cloud Apollo Eagles	24-08.00	25-03.00
295907 Tschida, Shannon	9	St. Cloud Apollo Eagles	22-01.00	21-00.00

Girls Shot Put

CLC: 42-00.50 % 1981

Name	Yr	School	Prelims	Finals	Points
Finals					
16539 Forsman-Earl, Dani	12	Sartell-St Stephen	36-10.00	37-03.50	10
24542 Heysse, Joy	12	St. Cloud Tech	34-01.50	35-07.50	8
33506 Tippelt, Shelly	12	Rocori	34-11.50	34-11.50	6
41593 Wernberg, Robyn	11	Brainerd	34-06.50	34-06.50	5
54510 Fischbach, Amy	11	St. Cloud Tech	32-09.50	34-06.00	4
62504 Meyer, Megan	12	Little Falls	33-08.50	34-02.00	3
72512 Dobmeir, Brittany	11	Little Falls	32-09.00	32-09.00	2
8517 Fischer, Melissa	12	Alexandria	32-04.50	32-04.50	1
99503 Brause, Kristin	12	Fergus Falls	31-08.50	32-04.00	

Girls Discus Throw

CLC: 148-08 % 1993

Sandy Fuchs, Rocori

Name	Yr	School	Seed	Prelims
Preliminaries				
11593 Wernberg, Robyn	11	Brainerd	131-11	120-02.50 q
21595 Niemi, Alicia	11	Brainerd	102-00	110-07 q
35504 Holub, Jamie	10	St. Cloud Apollo Eagles	99-04	107-11.50 q
46545 Sauerer, Kelsey	10	Sartell-St Stephen	106-02	105-00 q
53506 Tippelt, Shelly	12	Rocori	109-00	104-10.50 q
68518 Bredeson, Lisa	10	Willmar	92-00	103-00 q
79503 Brause, Kristin	12	Fergus Falls	92-10	100-08 q
88521 Erickson, Sarah	10	Willmar	104-00	96-09.50 q
92512 Dobmeir, Brittany	11	Little Falls	103-09	96-06 q
103508 Griffin, Caitlyn	11	Rocori	87-04	96-03
111563 Northway, Paige	11	Brainerd	98-05	96-01
123505 Nelson, Kim	12	Rocori	97-11	95-09
134512 Goenner, Alicia	12	St. Cloud Tech	92-11.50	95-00
14515 Erickson, Brooke	11	Alexandria	91-04	94-04
15517 Fischer, Melissa	12	Alexandria	95-09	93-09
166539 Forsman-Earl, Dani	12	Sartell-St Stephen	98-04	93-05.50
174540 Swenson, Anna	12	St. Cloud Tech	89-04	87-05

Preliminaries ... (Girls Discus Throw)

Name	Yr	School	Seed	Prelims
188514 Fagerstrom, Emily	12	Willmar	82-00	87-01
194542 Heysse, Joy	12	St. Cloud Tech	113-06	86-01
20505 Beals, Amanda	10	Alexandria	83-02	80-11
219505 Cole, Becky	11	Fergus Falls	96-07	78-03.50
226541 Fleck, Colleen	10	Sartell-St Stephen	73-02	75-00.50
237513 Gans, Maria	11	Sauk Rapids-Rice	79-07	74-05.50
242513 Harms, Danielle	11	Little Falls	60-09	67-09
257516 Henkemeyer, Melissa	9	Sauk Rapids-Rice	75-09	62-03
265907 Tschida, Shannon	9	St. Cloud Apollo Eagles	54-08	49-10
275903 Nieland, Brooke	9	St. Cloud Apollo Eagles	61-01	47-09

Girls Discus Throw

CLC: 148-08 % 1993

Sandy Fuchs, Rocori

Name	Yr	School	Prelims	Finals	Points
11593 Wernberg, Robyn	11	Brainerd	120-02.50	122-02	10
21595 Niemi, Alicia	11	Brainerd	110-07	110-07	8
36545 Sauerer, Kelsey	10	Sartell-St Stephen	105-00	109-05	6
45504 Holub, Jamie	10	St. Cloud Apollo Eagles	107-11.50	107-11.50	5
53506 Tippelt, Shelly	12	Rocori	104-10.50	104-10.50	4
68518 Bredeson, Lisa	10	Willmar	103-00	104-08	3
79503 Brause, Kristin	12	Fergus Falls	100-08	100-08	2
88521 Erickson, Sarah	10	Willmar	96-09.50	96-09.50	1
92512 Dobmeir, Brittany	11	Little Falls	96-06	96-06	

Women - Team Rankings - 18 Events Scored

1)Brainerd	157.2	2) St. Cloud Tech	127.4
3)Willmar	86.2	4) Sartell-St Stephen	83
5)Little Falls	74	6) Rocori	44.2
7)Fergus Falls	43	8) Sauk Rapids-Rice	42
9)Alexandria	33	10) St. Cloud Apollo Eagles	12

□